

MJP ACADEMY OF IRISH DANCE

DESCRIPTIONS of CLASSES & WORKSHOPS OFFERED

BEGINNER CLASSES

New dancers with little or no dance experience.

*TINY TOES	Beginner, for dancers age 2 - 3
DERRY	Beginner, for dancers age 4 – 6
WATERFORD	Beginner, for dancers age 7 and up

*The Tiny Toe classes will be a half hour long and will be on a drop-in basis (since there are days when little ones just don't feel like dancing!). These classes are a special rate of \$10.00 a class.

RETURNING STUDENTS

The following classes are for dancers entering their second year and up at MJP Academy. Students wishing to compete must be enrolled in two or more solo classes a week in order to enter competitions. The performance figure class does not qualify as a second solo class.

CORK	2nd year dancers ages 5 -7
LIMERICK	2nd and 3rd year dancers, approx. age 6 & up
BELFAST	3rd and 4th year dancers, approx. age 8 & up
DUBLIN	4rd and 5th year dancers, approx. age 8 & up
GALWAY	Novice and Prizewinner level in competition
ATHLONE	Preliminary and Open Championship level

ADULT CLASSES

Adult classes are fun, good exercise and a great way to meet new friends! These classes are for complete beginners or for people that danced as a child and want to dance again. Anyone 18 years of age and up can join our adult classes.

Some of our Adult dancers like to take their dancing a little more seriously and dance in competitions. It is not mandatory for adult dancers to compete but, if you do, you must enroll in two or more solo classes a week to properly prepare.

PERFORMANCE/FIGURE CLASSES

These classes are for dancers of any age entering their second year of Irish dance. Dancers enrolled in these classes will learn a special feature dance to be performed in our year end show. This dance is similar to choreography used in professional shows like "Riverdance", "[Celtic Echoes](#)" and by "[Dara Irish Dance Troupe](#)" and will help give dancers the edge they need to audition for these shows.

Dancers in these classes will also learn figure dances which are the traditional group dances used by Irish step dancers in competitions and in shows. These are also the dances that dancers must learn for their grade exams and their teaching exam.

PRIVATE LESSONS

We highly recommend private lessons to any dancer that is serious about taking their dancing to the next level. With one on one lessons, a teacher has the time to make corrections that are specific to your own dancing needs. Your teacher can also answer any questions you have about your dancing or about how to make improvements you would like to see in your own dancing. Private lessons are offered by a number of our teachers and can be booked by contacting Miss. Joelle at mjpacademy@hotmail.com

WORKSHOPS

The dates and times of all our workshops can be found on our online calendar. To register for workshops, please fill out our workshop registration form found in our registration package online. The cost of workshops can be found on the workshop registration forms.

SKILL WORKSHOPS

For dancers interested in increasing their flexibility, endurance and improving their tricks, this is for you! We also cover important life skills that will help the dancers to better prepare mentally for competing or dancing on the stage. There will be five, 2 hour long, skill workshops offered this year.

MANDATORY WORKSHOPS

These workshops will be for dancers in the Belfast level and up.

This year, instead of doing two mandatory workshops throughout the year, we are going to try doing a week long summer workshop to learn the bulk of new choreography that the dancers will need for the year, and to work on drills to jump start everyone back into shape following the summer break.

These workshops will take place over 5 days and each dancer will attend 1.5 hours each day. Dancers learn a lot of new material at these workshops so missing these workshops means that dancers will fall behind their classmates.

Limerick dancers will be offered a two day, "introduction to hardshoe" workshop in the fall. These workshops are two days long and each dancer attends 1.5 hours each day. This workshop is also considered mandatory.

DRILL AND STRETCH FEST

These workshops are for dancers age 7 and up, in their 2nd year of dance and up.

These classes will be held over 5 days during Christmas break. The classes will be drop-in for \$5.00 a class. No need to register for these classes. Simply show up with your \$5 on the day and you are ready to go. You can attend as many or as little of the classes as you like. These classes are aimed at improving our dancer's overall endurance, technique and flexibility.

ST. PATRICKS SHOW PREP WORKSHOP

These workshops are for dancers age 7 and up, in their 2nd year of dance and up.

This workshop is for anyone wanting to attend the St. Patrick's day shows this year. This will allow us to rehearse with the dancers that are attending the shows all together. These workshops will also be drop-in (\$10.00/day).

OIREACTHAS WORKSHOPS

These workshops take place in the fall and are for dancers attending the Oireachtas (World Qualifying event) this year.